



# CORE COVENANTS FOR RIVERSIDE ATHLETICS



Pirate Athlete Core Covenants	ENTHUSIASM	INTEGRITY	RESPECT	ACCOUNTABILITY
<b>Definition</b>	An intense, eager, or spirited interest in a cause	Building and guarding your character by consistently being honest, sincere, reliable, humble, and loyal	Showing value or esteem for others by being polite and/or considerate	Being responsible and/or liable for one's personal actions
<b>What Does The Core Covenant Look Like In School</b>	<ul style="list-style-type: none"> <li>Respected by teachers, staff, peers</li> <li>Present and actively engaged</li> <li>Put needs of others first</li> <li>Finish tasks on time</li> <li>On time, on task</li> </ul>	<ul style="list-style-type: none"> <li>Earns a positive reputation</li> <li>Trustworthy</li> <li>Doesn't let their teammates down</li> <li>Predictable</li> <li>Does their own work</li> <li>Say what they mean</li> <li>Mean what they say</li> </ul>	<ul style="list-style-type: none"> <li>Values needs of others</li> <li>Respectful to peers, staff, visitors</li> <li>Often says: "please", "thank you" and "you're welcome"</li> <li>Helps keep facilities neat/clean</li> <li>Respects all participants</li> <li>Good listener</li> </ul>	<ul style="list-style-type: none"> <li>Understands their actions and performance in school helps determine one's privilege to participate in events in which they represent the school</li> <li>Takes responsibility for their actions</li> <li>Admits their faults</li> </ul>
<b>What Does The Core Covenant Look Like Away From School</b>	<ul style="list-style-type: none"> <li>Proudly promotes Riverside activities</li> <li>Acknowledges all participants</li> <li>Appreciates coaches dedication</li> <li>Recognizes support from fans</li> <li>Wears Riverside apparel</li> </ul>	<ul style="list-style-type: none"> <li>Earns a positive reputation</li> <li>An esteemed community member</li> <li>Valued by others as a competitor</li> <li>Supports success of teammates</li> <li>Uses positive language</li> <li>Wholesome and genuine in their actions</li> </ul>	<ul style="list-style-type: none"> <li>Positive role model, looked up to</li> <li>Often says: "please", "thank you" and "you're welcome"</li> <li>Uses positive language</li> <li>Thankful to fans and student body</li> </ul>	<ul style="list-style-type: none"> <li>Understands their actions in the community and beyond will help determine one's privilege to participate in events in which they represent the school</li> </ul>
<b>What Does The Core Covenant Look Like In Competition</b>	<ul style="list-style-type: none"> <li>Embraces good competition</li> <li>Play hard, have fun</li> <li>Does best in all situations</li> <li>Support success of teammates</li> <li>"never give up" attitude</li> </ul>	<ul style="list-style-type: none"> <li>Earns a positive reputation</li> <li>Honorable competitor</li> <li>Plays clean/fair</li> <li>Keeps emotions under control</li> <li>Displays good sportsmanship</li> </ul>	<ul style="list-style-type: none"> <li>Strives for respect from opponents, coaches, fans and officials</li> <li>Honors the spirit of competitions with fair play and good sportsmanship</li> <li>Demonstrates self-control at all times</li> <li>Shakes hands with opponents</li> </ul>	<ul style="list-style-type: none"> <li>The accountable athlete understands that everything they do is being watched, measured, and judged</li> <li>Accepts consequences and props for actions</li> </ul>
<b>What Does The Core Covenant Look Like In Practice</b>	<ul style="list-style-type: none"> <li>Embraces their role</li> <li>Appreciates coaches feedback</li> <li>Learns game plan</li> <li>Strives to make teammates better</li> <li>Looks forward to the next drill</li> </ul>	<ul style="list-style-type: none"> <li>Practices and play the same</li> <li>Demonstrates their expectations</li> <li>Improves daily</li> <li>Wants to be coached</li> <li>Gives an honest effort</li> <li>Expects what is expected</li> </ul>	<ul style="list-style-type: none"> <li>Drive to improve is valued by teammates and coaches</li> <li>Values improvement in self/team</li> <li>Values all roles</li> </ul>	<ul style="list-style-type: none"> <li>Takes responsibility for improvement</li> <li>Takes responsibility for performance</li> <li>Takes responsibility for effort</li> <li>Takes responsibility for attitude</li> </ul>

Riverside Athletes Shall **Do What's Right, Do What's Best** and **Treat Others As They Want To Be Treated**

Core Covenants will be seen throughout a participants everyday life